The Mental Health Services Act (MHSA), Proposition 63, was approved by California voters in November 2004 and became effective January 1, 2005. The MHSA provides funding for expansion of mental health services in California. As required by the law, the County of San Diego, through the Health and Human Services Agency (HHSA) Mental Health Services Division, has completed the MHSA Community Services and Supports (CSS) Program and Expenditure Plan. San Diego County’s initial annual allocation was used to expand and enhance programs for unserved and underserved County residents who are eligible and in need of public mental health services. The County’s MHSA CSS Plan is updated annually based on funding revisions and other program considerations. Services provided through MHSA support the County’s adopted Live Well San Diego initiative by enabling participants with mental health needs and the general public to access necessary resources and thereby lead healthy and productive lives.

The MHSA provides access to services for identified unserved/underserved clients in new or expanded programs, but may not replace or supplant existing services. The first MHSA expansion will target Seriously Emotionally Disturbed (SED) children and youth and Serious Mentally Ill (SMI) adults and older adults. Seriously Emotionally Disturbed refers to children and youth with difficulty functioning in multiple life domains, such as school, home, etc. Serious mental illness is a term defined by Federal regulations that generally applies to mental disorders that interfere with some area of social functioning.

In accordance with the MHSA CSS Vision Statement and Guiding Principles, services are designed to adhere to the following principles.

- Cultural and linguistic competency.
- Promotion of resiliency in children and their families, and recovery/wellness for adults and their families.
- Increased access to services, including timely access and more convenient geographic locations for services.
- Services that are more effective, including evidence-based or best practices.
- Reduced need for out-of-home and institutional care, maintaining clients in their communities.
- Reduced stigma towards mental illness.
- Consumer and Family participation and involvement.
- Increased array and intensity of services.
- Screening and treatment for persons with dual diagnoses.
- Improved collaboration between mental health and other systems (education, law enforcement, child welfare, etc.)
- Services tailored to age-specific needs.
- Address eligibility gaps by serving the uninsured and unserved.
Definitions for terms used in this document:

- **Full Service Partnership (FSP):** Provide all necessary services and supports to help clients achieve their mental health goals and treatment plan. FSP services comprehensively address client and family needs and “do whatever it takes” to meet those needs, including intensive services and supports and strong connections to community resources with a focus on resilience and recovery.

- **Serious Mental Illness (SMI):** A diagnosable mental disorder found in persons aged 18 years and older that is so long lasting and severe that it seriously interferes with a person’s ability to take part in major life activities.

- **Seriously Emotionally Disturbed (SED),** defined in the California Welfare & Institutions Code Section 5600.3. A diagnosable mental disorder found in persons from birth to age 18 years of age that so severe and long lasting that it interferes with functioning in family, school, community, or other major life activities.

- **Assertive Community Treatment (ACT):** is a team-based approach to the provision of treatment, rehabilitation, and support services. ACT models of treatment are built around a self-contained multidisciplinary team that serves as the fixed point of responsibility for all patient care for a fixed group of patients. The treatment team typically provides all patient services using a highly integrated approach to care.

- **Underinsured:** A client is underinsured when they lack mental health coverage or have exhausted mental health insurance coverage, as evidenced by a denial letter.

- **Assertive outreach:** An approach for individuals who cannot or will not engage with traditional mental health services. A professional team works with clients in their own environment, be it a cafe, a park or in the street - wherever it is most needed and most effective. This flexibility allows people to get services who might otherwise not receive them and where they feel most comfortable.

- **Biopsychosocial Rehabilitation (BPSR):** Psychosocial rehabilitation is an array of services designed to help an individual to capitalize on personal strengths, to develop coping strategies and skills to deal with deficits, and to develop a supportive environment in which to function as independently as possible.

- **Transition Age Youth (TAY):** youth and young adults age 16-24. Note that in San Diego County most of the MHSA programs serving TAY, serve those that are 18-24.
  - **Adults:** age 25-59
  - **Older Adults:** age 60+

- **Co-Occurring Disorders:** In this context, refers to a dual diagnosis of mental illness and alcohol or substance abuse

- **SSI:** Supplemental Security Income

- **SSA:** Social Security Administration
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| ALL-1    | Services for Deaf & Hard of Hearing                                      | A specialized outpatient service for underserved/uninsured individuals of all ages who are deaf or hard of hearing, including those who may have a co-occurring substance use disorder. | Assist clients who are deaf and hard of hearing to achieve a more adaptive level of functioning. | • Underserved/unserved                                                                     • Seriously Emotional Disturbed and Seriously Mentally Ill individuals of all ages.   • Deaf or hard of hearing.  • Targets individuals with co-occurring substance use disorder. • All ages | • Assessment • Crisis intervention • Individual therapy • Collateral contact • Group therapy services | Deaf Community Services of San Diego, Inc.  
3930 Fourth Ave. Ste. 300  
San Diego, CA 92103  
(619) 398-2441  
www.deafcommunityservices.org |
| ALL-2    | Services for Victims of Trauma and Torture                              | Countywide specialized outpatient mental health services to unfunded clients who are victims of trauma and torture. | Increase specialized services to uninsured, unserved clients who are victims of trauma and torture. | • Uninsured, uninsured SED/SMI individuals who are victims of trauma and torture. • All ages | • Mental health assessment • Dual diagnosis services • Individual and group therapy • Case management and referrals | Survivors of Torture, International  
(619) 278-2400  
www.notorture.org |
| ALL-6    | Mental Health & Primary Care Services Integration                      | Mental health assessment and treatment services at community health clinic settings across San Diego county. | Increase countywide access to mental health services to unserved and uninsured people who have SED/SMI. | • Unservd, uninsured • All ages                                                           | • Mental health assessment • Dual diagnosis screening • Information • Brief mental health services • Referrals as needed | Community Clinic Health Network  
(619) 542-4300  
www.ccc-sd.org |
## CSS Plan

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| ALL-4 Interpreter Services District: All | Interpreter services support efforts to outreach to unserved and underserved populations. | To increase services to non-English speaking populations and improve quality of these services to consumers and families. | • Unserved, underserved individuals who have identify difficulty in speaking or understanding English.  
• All ages                                                                 | • Interpretation for all mental health and case management services.  
• Additionally linkages with families in need of language translation. | Interpreters Unlimited  
11199 Sorrento Valley Rd, Ste 203  
San Diego, CA 92121  
(800) 726-9891  
www.interpretersunlimited.org |
|                          | Provide American Sign Language (ASL) interpreter services to deaf or hard of hearing persons | Provide written translation services requested by County or County designee | • Individuals who are deaf or hard of hearing | • American Sign Language (ASL) interpreter services | |
|                          | Provide written translation services requested by County or County designee | | • County or County designee | • Documents translated into core threshold languages | |
| ALL-5 Psychiatric Emergency Response Services District: All | The service pairs law enforcement officers with psychiatric emergency clinicians to serve children and adults throughout the County. | To expand program into unserved areas and improve collaboration between the mental health and law enforcement systems with the goal of more humane and effective handling of incidents involving law enforcement officers and mentally ill and developmentally disabled individuals. | • Countywide services to individuals with a mental health crisis who have come in contact with local law enforcement agencies and/or who need immediate mental health crisis intervention and/or assessment.  
• Services to all ages, with a focus on:  
  o All ages  
  o Veterans  
  o Homeless  
  o Native Americans | • Provide mental health consultation, case coordination, linkage and limited crisis intervention services to mentally ill clients who come in contact with law enforcement officers.  
• Provide a training program for law enforcement personnel.  
• Develop a neighborhood outreach program. | PERT, Inc.  
1094 Cudahy Pl, Ste 314  
San Diego, CA 92110  
(619) 276-8112 |

### Description

**Program Goal**

- To increase services to non-English speaking populations and improve quality of these services to consumers and families.
- Provide American Sign Language (ASL) interpreter services to deaf or hard of hearing persons.
- Provide written translation services requested by County or County designee.

**Target Population**

- Unserved, underserved individuals who have identify difficulty in speaking or understanding English.
- Individuals who are deaf or hard of hearing.
- County or County designee.

**Services Offered**

- Interpretation for all mental health and case management services.
- Additionally linkages with families in need of language translation.
- American Sign Language (ASL) interpreter services.
- Documents translated into core threshold languages.

**Contact Information**

- Interpreters Unlimited  
11199 Sorrento Valley Rd, Ste 203  
San Diego, CA 92121  
(800) 726-9891  
www.interpretersunlimited.org

- Deaf Community Services  
1545 Hotel Circle South, Suite 300  
San Diego, CA 92108  
(619) 398-2488  
scheduler@DCSOFSD.ORG

- Accent on Language, Inc.  
1840 Alcatraz Avenue, Suite F  
Berkley, CA 94703  
(510) 655-9470  
rie@accentonlanguages.co
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| ALL-7    | Chaldean Outpatient Services District 2 | Outpatient mental health services for Chaldean and Middle Eastern populations in SD County. | Provide culturally appropriate mental health, case management and linkage to services to Iraqi refugees and other Middle Eastern populations. | • All ages  
• Middle Eastern populations.                                                                 | • Medication management  
• Individual and group treatment.  
• Case management and linkage to other needed services.  
• Acculturation groups in schools.                                                   | Chaldean-Middle Eastern Social Services Behavioral Health Program  
436 S. Magnolia Ave, Ste 201  
El Cajon, CA 92020  
(619) 631-7400  
www.c-mss.org                                                     |
|          |                          |                                                                                      |                                                                              |                                                                                  |                                                                                                     | CRF Crossroads - Chaldean MH Children  
1679 East Main St., Suite 102  
El Cajon, CA 92021  
(619) 876-6700                                                                                                                  |
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<tr>
<td>CY-3</td>
<td>Cultural Language Specific Outpatient Services</td>
<td>Culturally competent Full Service Partnership mental health services to Latino and Asian/Pacific Islander children, youth and their families. Services “do whatever it takes” to assist clients in meeting their mental health goals.</td>
<td>Increase the number of Latino and Asian/Pacific Islander SED children, youth &amp; their families receiving mental health services.</td>
<td></td>
<td>Culturally and linguistically competent services, including: Outreach &amp; engagement Parent Partners Mental health education Crisis intervention Individual, group and family counseling Trauma focused CBT (EBP) Case management Psychiatric services including medication Full Service Partnership services and supports Treatment plans for obesity and diabetes</td>
<td>Union of Pan Asian Communities 5296 University Ave., F-2 San Diego, CA 92105 (619) 578-2211</td>
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<tr>
<td>CY-3.3</td>
<td>Mental and Behavioral Health Services</td>
<td>Homeless/Runaway Mental and Behavioral Health Services District: All</td>
<td>A team-based approach to “do whatever it takes” to support homeless and runaway children and youth in attaining mental health services. Provide Assertive Outreach, Full Service Partnership (FSP) services and strong connections with community resources.</td>
<td>Increase access to mental and behavioral health services for homeless and runaway children/youth with SED (Serious Emotional Disturbance).</td>
<td></td>
<td>Outreach and engagement Crisis intervention Individual, group and family counseling Case management Rehabilitative services Psychiatric evaluation, medication monitoring and pharmaceuticals. FSP services and supports Assertive Outreach Model Co-occurring disorders EMDR trauma intervention EBP: Trauma Focused CBT</td>
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### Work Plan: CY-FSP Children and Youth Full Service Partnerships (Continued)

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| CY7      | Wraparound Services | District: All | Provide wraparound mental health services to clients and their families to transition children/youth currently in Child Welfare Services custody and residential placement back to a home environment. Provide FSP services to children, youth and families receiving TBS services and connection of clients to a primary care provider. | Return children/youth to their family or family-like setting, support permanency and enhance long-term success. Maintain children at home or in their current housing situation to enhance long term success. | - Children and youth with SED age 3-21.  
- In CWS custody and residential placement.  
- Support client plans that address health issues to include but not be limited to obesity, diabetes, poor diet, inactivity and asthma. | - Full Service Partnership  
- Assessment  
- Treatment  
- Case Management  
- Dual Diagnosis services  
- TBS services enhanced  
- Connection to primary care provider and development of a wellness notebook to assist families in organizing children medical information. | Fred Finch Youth Center  
Services available by referral from Child Welfare Services.  
6160 Mission Gorge Rd, Ste 200  
San Diego, CA 92120  
(619) 281-3706  

MHS, Inc.  
Families Forward  
9445 Farnham St, Ste 100  
San Diego, CA 92123  
(858) 380-4676  

New Alternatives/TBS  
2535 Kettner Blvd, Ste 1A4  
San Diego, CA 92125  
(619) 615-0701  

San Diego Center for Children  
3002 Armstrong Street  
San Diego, CA 92111  
(858) 633-4100 |
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<td>CY-10</td>
<td>Child/Youth Case Management District: All</td>
<td>Enhance outpatient services to children, youth, and families in eight outpatient clinics to provide full service partnership services. These clinics are located in all six regions of San Diego County and their clients reflect the diversity of each region. Enhance services to clients and families by providing case management in clinics in addition to the services. Eight clinics were further enhanced with Alcohol and Drug Counselor who serves existing program clients who are at risk or present with alcohol and drug issues.</td>
<td>Transform the system by augmenting the clinic-based services with case managers, and rehabilitation workers and Alcohol and Drug Counselors who can work with families that have a variety of other unmet needs that may impact resiliency. Provide FSP services including development of “wellness plans” for parents to organize their children’s medical information.</td>
<td>• Children and youth diagnosed with Serious Emotional Disturbance (SED) and their families. • Who are receiving mental health services in outpatient clinics. • Support client plans that address health issues to include but not limited to obesity, diabetes, poor diet, inactivity and asthma.</td>
<td>• Case management • Alcohol and Drug counseling. • Consultation, • Coordination, referral, and linkage. • Family outreach through home visits. • Rehabilitation groups • Individual, group and family therapy. • Psychiatric services including medication. • Full service partnership services.</td>
<td>Rady’s Children’s Outpatient Clinics Central 3665 Kearny Villa Rd San Diego, CA 92123 858-966-5832 North Coastal 3142 Vista Way, Ste 205 Oceanside, CA 92056 North Inland 625 W. Citracado Pkwy, Ste 102 Escondido, CA 92025 Community Research Foundation Douglas Young Youth and Family Services 7907 Ostrow St, Ste F San Diego, CA 92111 858-300-8282 Crossroads Family Center 1625 E. Main St, Ste 200 El Cajon, CA 92021 Nueva Vista Family Services 1161 Bay Blvd, Ste B Chula Vista, CA 91911 Union of Pan Asian Communities Children’s Mental Health Counseling and Treatment Center 1031 25th St, Ste C San Diego, CA 92102</td>
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<td>CY-10</td>
<td>Child/Youth Care Management District: All</td>
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<td>San Ysidro Health Center Youth Enhancement Services (YES) 3025 Beyer Blvd. Ste E101 San Diego, CA 92154</td>
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<td>Rady Childrens Hospital (RCHSD) Central-East-South 3665 Kearny Villa Road, Ste. 101 San Diego, CA 92123 858-966-8471</td>
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<td>San Diego Unified School District (SDUSD) Mental Health Adolescent Day Treatment Services, Central Region 5650 Mt. Ackerly Dr. San Diego, CA 92111 858-496-8205 x-2003</td>
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<td>SDUSD Intensive Outpatient Program (School Based Outpatient) 2351 Cardinal Lane, Annex B San Diego, CA 92123 858-627-7583</td>
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<td>SDUSD Early Childhood Mental Health - Incredible Years Program Emerson Elementary 3510 Newton Avenue, Bungalow 103 San Diego, CA 92113 619 344-6229</td>
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### Work Plan: CY-OE Children and Youth Outreach and Engagement

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<tr>
<td>CY-1</td>
<td>School Based Mental Health Services District: All</td>
<td>Mental health services provided on over 300 school sites across the County. Expands Medi-Cal funded programs to include unserved clients (those with no access to services).</td>
<td>Increase outreach and access to services to uninsured and underserved Seriously Emotionally Disturbed (SED) children, youth and their families.</td>
<td>• Children and youth with SED up to age 18 and their families who are unfunded. • Underserved Latino and Asian-Pacific Islanders.</td>
<td>• Outreach &amp; engagement • Crisis intervention • Individual, group and family counseling. • Case management • Rehabilitative Services • Psychiatric evaluation, medication monitoring and pharmaceuticals. • Integrated co-occurring disorders treatment. • Incredible Years EBP for preschoolers.</td>
<td>Various School Locations Countywide</td>
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<td>CY-5.2</td>
<td>Mobile Adolescent Services Team (MAST) District: All</td>
<td>Mental health assessment and treatment services located at Juvenile Court and Community School (JCCS) sites countywide. Expands Medi-Cal funded program to include unserved clients (those with no access to services).</td>
<td>Increase access to services to Seriously Emotionally Disturbed (SED) youth who attend JCCS and expand services to North County JCCS school sites.</td>
<td>• Children and youth attending JCCS classes and their families. • Uninsured and underserved. • Expelled from home school districts and/or involved with juvenile justice system.</td>
<td>• Individual, group and family therapy. • Medication monitoring • Integrated services to youth with co-occurring disorders. • Use of Cognitive Behavioral Therapy as an evidence based practice for this population.</td>
<td>Community Research Foundation Mobile Adolescent Services Team 1202 Morena Blvd, Ste 100 (619) 398-3261</td>
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| CY-2.1 | Family and Youth Information Program | Conduct forums in each of the six regions emphasizing education and information regarding the de-stigmatization of mental illness and the use of psychotropic medication. | Increase knowledge of mental illness and SED; improve children/family ability to benefit from services; inform children/family of resources and how to access Mental Health Services; decrease barriers to services. | Children and youth with SED (0-18 years old) and their families. | • Educational forums  
• Encourage youth/family to assume leadership role in training.  
• Develop training plan for children/youth and families.  
• Provide outreach and training to underserved and unserved population. | Family & Youth Roundtable of San Diego County  
5005 Texas St., Ste. 104  
San Diego, CA 92108  
619 546-5852 |
| CY-2.2 | Family/Youth Peer Support Services | Provide support and linkage to services and community resources to children/youth and their families who are being served by the Homeless Outreach program or currently receiving mental health treatment. Assist with continuity of treatment and transition from program to program or community resources. | Improve the ability of children and youth and their families to benefit from mental health services. | Severely emotionally disturbed (SED) children and youth and their families. | • Support services provided by family and youth partners.  
• Coordinated and integrated with County of San Diego, HHSA regions, Probation, Child Welfare Services, Regional Center, Education, physical health providers, community resources.  
• Case management | San Diego Youth Services  
2250 4th Ave, Ste 301  
San Diego, CA 92101  
(619) 525-9903 |
|          |         |                     |              |                  |                  | New Alternatives Inc  
Crisis Action & Connection (CAC)  
730 Medical Center Court  
Chula Vista, CA. 91911  
619 591-5740 x102 |
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<td>CY-4.2: ALL-3</td>
<td>Mobile Psychiatric Emergency Response &amp; North County Walk-In Assessment Clinic District: 3 &amp; 5</td>
<td>Provide mobile crisis mental health response in conjunction with a Walk-In Assessment Clinic for the North County. An assessment team of licensed clinicians will respond to client calls within four hours and provide voluntary services.</td>
<td>Reduce the use of emergency and inpatient services, prevent escalation, and promote the management of mental illness.</td>
<td>• Unserved, uninsured and underserved SED children/youth up to the age of 21 and their families. • Experiencing a mental health crisis or urgent need for mental health services.</td>
<td>• Assessment • Information • Referral • Medication management • Linkage to hospital when required. • Follow-up visits</td>
<td>Rady Children’s Hospital Behavioral Crisis Center 3605 Vista Way, Ste 258 Oceanside, CA 92054 (760) 730-5900 New Alternatives Inc Emergency Screening Unit (ESU) Augmentation Services 730 Medical Center Court Chula Vista, CA 91911 619 397-6972</td>
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<tr>
<td>CY-5.1</td>
<td>Medication Support for Wards and Dependents District: All</td>
<td>Provide short term (no more than 3 months) stabilization with psychotropic medication and linkage to community-based or private facility for on-going treatment.</td>
<td>Assist the child and family with support, linkage and coordination to community or private ongoing mental health services if needed.</td>
<td>• Children/youth and family with SED. • Wards and dependents • Without funding and/or have exhausted medication resources. • Referred by the Probation Department Child Welfare Services.</td>
<td>• Assessment • Medication management services • Case management • Linkage and referral for on-going care including one-to-one therapy and family counseling when required.</td>
<td>Vista Hill Juvenile Court Clinic Services are available by referral from the Juvenile Court and/or from the CARE Unit at Polinsky Children’s Center. Phoenix House of San Diego Inc Alcohol and Drug Residential Services for Adolescents - Descanso Facility 23981 Sherilton Valley Road Descanso, CA 91916 619 445-0405 x 4654</td>
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| CY-6     | Early Childhood Mental Health Services/ ChildNet SED District 3-5 | Mental health outpatient services to SED children ages birth through 5 years and their families using the "Incredible Years" evidence based practice model and a family approach. | Increase access to mental health services to SED children ages birth through 5 and their families, while strengthening parenting skills. Increase parent competency and reduce behavioral problems. | • Children ages birth through 5 and their families.  
• Assessed and diagnosed with aggressive behavior problems.  
• Residents of the North Region of San Diego County.  
• Uninsured or Medi-Cal eligible.  
• Target preschools in North Region. | • Assessment  
• Behavioral intervention  
• Teacher intervention at designated preschools.  
• Implementation of Incredible Years.  
• Expansion of services to preschool on Pendleton Marine base due to problems with children whose parents are deployed to Iraq or returning home. | Palomar Family Counseling Services - ChildNet  
1002 East Grand Ave  
Escondido, CA 92025  
(760) 741-2660 |
## Work Plan: CY-SD Children and Youth System Development (Continued)

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| CY-8     | Placement Stabilization Services | District: All | Return children/youth to their family or family-like setting; deter children/youth from placement in a higher level of care; and stabilize current placement. | • SED Children & adolescents under the age of 21.  
• Reside at home, foster care or small group home (6 or less).  
• At risk of change of placement to a higher level of care.  
• Juvenile probation wards and former foster youth engaged in the THP+ Program.  
• Residents at San Pasqual Academy.  
• Residents at Clark Center. | • Assessment  
• Evaluation  
• Case management  
• Treatment (including evidence based practices).  
• Case consultation and other needed mental health interventions.  
• Peer mentorship  
• Life skills-building EBP  
• Integrated EBP Incredible Years and Family Visitation model.  
• Services available by referral from Child Welfare Services. | Fred Finch Youth Center Comprehensive Assessment and Stabilization Services (CASS)  
(619) 281-3706  
County of San Diego Juvenile Forensic Services  
2901 Meadowlark Dr  
San Diego, CA 92123  
New Alternatives Inc.  
San Pasqual Academy  
17701 San Pasqual Valley Rd  
Escondido, CA 92025  
(760) 741-4300  
San Diego Center for Children  
Clark Day Treatment Program  
3003 Armstrong Street  
San Diego, CA 92111  
858-569-2122  
Multi-Dimensional Treatment Foster Care (MTFC) - P & A Program  
3002 Armstrong St  
San Diego, CA 92111  
858-277-9550 x2116  
San Diego Youth Services  
Multi-Dimensional Treatment Foster Care (MTFC) - C Program  
3255 Wing Street  
San Diego, CA 92110  
619-221-8600 x2293  
Vista Hill  
Incredible Families Program  
4990 Williams Ave  
La Mesa, CA 91942  
(619) 688-4263 |
## Work Plan: CY-SD Children and Youth System Development (Continued)

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<th>CSS Plan</th>
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</table>
| CY-9     | Juvenile Hall Mental Health Re-Entry Program District: 3 & 4 | Provide mental health screening of all youth detained in the Kearny Mesa Juvenile Detention Facility to identify youth with a diagnosed mental illness that can be released with appropriate mental health services. | Reduce the number of youth in juvenile hall, providing advocacy for appropriate education services, and decreasing the number of mentally ill minority youth detained in juvenile hall. | Youth, age 12 to 21 Detained in the Kearny Mesa Juvenile Detention Facility. Identified as having a mental health diagnosis. Eligible for release into the community. | • Screening  
• Evaluation  
• Referral  
• Case management  
• Assertive Community Treatment  
• Multi Systemic Therapy | San Diego Unified School District Multi Treatment Therapy and Assertive Community Treatment  
Betty Plewack  
2351 Cardinal Lane, Annex B  
San Diego, CA 92123  
(619) 225-9621 |
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| A team-based approach to “do whatever it takes” to support clients in attaining housing and employment. Full Service Partnership (FSP) and housing services are offered. | Reduce homelessness and provide comprehensive ‘wraparound’ mental health services for those adults who are most severely ill, most in need due to severe functional impairments, and who have not been able to be adequately served by the current system. Increase timely access to mental health services. | • County-wide  • Adults, 18+, diagnosed with Serious Mental Illness (SMI) and are homeless or may be at risk of becoming homeless.  • Persons with serious mental illness who may have been unserved, or high users of inpatient care, medical services or locked long-term care facilities who need increased community supports, and/or who are homeless or at risk of homelessness.  • Some programs have increased targets for women and African-Americans. | • Outreach  • Crisis intervention  • 24/7 intensive case management  • Mental health services  • Supported education, employment and housing services (some offer short-term, transitional and permanent supported housing).  • Rehabilitation and recovery services.  • Some programs have specific staffing acting as liaison with Justice system.  • FSP services and supports. | North Star ACT/FSP 474 W. Vermont Ave, Ste 104 Escondido, CA 92025, (760) 432-9884  
Strength-Based Case Management 474 W. Vermont Ave, Ste 104 Escondido, CA 92025, (760) 432-9884  
Telecare Pathway to Recovery ACT/InReach FSP & Telecare Gateway to Recovery ACT/FSP 3132 Jefferson St San Diego, CA 92110 (619) 483-3100 www.telecarecorp.com  
County Institutional Case Management 1250 Morena Blvd, 2nd Fl San Diego, CA 92110 (619) 692-8715  
ECS – Uptown Safe Haven Transitional Housing 2822 5th Ave San Diego, CA 92103 (619) 294-7894 www.escalifornia.org  
Community Research Foundation programs 1202 Morena Boulevard San Diego, CA 92110, (619) 275-0822  
IMPACT 1260 Morena Blvd, Ste 100 San Diego, CA 92110, (619) 398-0355  
Downtown IMPACT 995 Gateway Center Way, Ste 300 San Diego, CA 92102, (619) 398-2156  
Maria Sardinas Wellness & Recovery Center 1465 30th St, Ste K San Diego, CA 92154, (619) 428-1000  
South Bay Guidance Center Wellness Recovery Center 835 3rd Ave, Ste C Chula Vista, CA 91911, (619) 427-4661 |
### Work Plan: TAOA-FSP Transitional Age Youth, Adult and Older Adult Full Service Partnerships (Continued)

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<tr>
<td>A2</td>
<td>Justice Integrated Services and Supported Housing District: 1, 2, 4</td>
<td>A team-based approach to “do whatever it takes” to support justice system clients in attaining housing and employment. Assertive Community Treatment (ACT), Full Service Partnership (FSP) and housing services are offered.</td>
<td>Reduce incarceration, institutionalization and homelessness. To provide comprehensive ‘wraparound’ mental health services for those adults who are most severely ill, most in need due to severe functional impairments, and who have not been able to be adequately served by the current system. Increase timely access to mental health services.</td>
<td>• Adults, age 25-59 who are diagnosed with serious mental illness, who may be homeless or at risk of becoming homeless, and who have active or recent criminal justice involvement. • Targets unserved, high users of inpatient care, medical services or locked long-term care facilities. • Expectations for services to women and African-Americans. • Targets clients re-entering the community from the justice system.</td>
<td>• Outreach • Crisis intervention • 24/7 intensive case management. • Mental health services • Supported education, employment and housing services (short-term, transitional and permanent supported housing). • Rehabilitation and recovery services. • Liaison with justice system. • FSP services and supports. • Diversion, re-entry and probation services.</td>
<td>MHS, Inc. Center Star ACT/FSP 4283 El Cajon Blvd, Ste 115 San Diego, CA 92105 (619) 521-1743 <a href="http://www.mhsinc.org">www.mhsinc.org</a></td>
</tr>
<tr>
<td>TAY-1</td>
<td>Integrated Services and Supported Housing District: All</td>
<td>Intensive Assertive Community Services (ACT) including Full Service Partnership services and supports. Housing options will be provided, including short term housing, transitional and permanent supported housing.</td>
<td>Increase mental health services for Transition Age Youth (TAY). Decrease incidence of homelessness. Increase client’s self-sufficiency through development of life skills.</td>
<td>• TAY, age 16-24 • Homeless, clients of the justice system and/or aging out of foster care. • Females are targeted.</td>
<td>• Outreach and engagement • Crisis intervention • Intensive case management • Supported education/employment and housing services. • Rehabilitation and recovery services • Care coordination • Skill development • FSP services and supports</td>
<td>Providence Community Services Catalyst Program 7155 Mission Gorge Road San Diego, CA 92120 (858) 300-0460 MHS, Inc. Youth Transition Program 550 W. Vista Way, Ste 407 Vista, CA 92083 (760) 758-1092</td>
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| Ta. 1    | Intensive Case Management District: All | To provide short-term intensive case management services to help individuals connect with relevant resources, which include housing and employment. | To reduce psychiatric hospitalization and improve community support through short-term intensive case management services. | • TAY, age 18-24  
• Adults, age 18-59  
• Who have a diagnosis of SMI.  
• Are users of acute psychiatric inpatient care.  
• Have Medi-Cal or are indigent. | • Outreach and engagement  
• Mental health counseling  
• Intensive case management  
• Short-term rehabilitation services  
• Linkage and care coordination  
• Transition to longer-term case management as indicated. | Telecare Corporation Transition Team Program  
3132 Jefferson St  
San Diego, CA 92110  
(619) 683-3100  
www.telecarecop.com |
| Ta. 2: TAY-3 | Dual Diagnosis Residential Treatment Program District: 2 & 5 | Alpine STC  
Comprehensive, 24/7, residential dual diagnosis, Full Service Partnership services that are individualized, culturally competent and linguistically appropriate with integrated mental health and substance abuse services and supports.  
Casa Pacifica  
Comprehensive, 24/7, residential and biopsychosocial rehabilitative services, Full Service Partnership (FSP) program offering services including medical support, case management/brokerage, crisis intervention, rehabilitation, and recovery interventions. | Alpine STC  
Reduce hospitalizations, institutionalization and incarcerations. Assist substance-abusing TAY to become alcohol or other drug-free. Increase level of functioning and ability to be self-sufficient and live independently in the community.  
Casa Pacifica  
Increase independent living and reduce hospitalizations. Provide residents with a variety of services to improve their quality of life, self-sufficiency and independence. Provide educational and employment opportunities. Ensure linkage to primary care physicians. | Alpine STC  
• San Diego County Transition Age Youth, age 18-24, who have a diagnosis of SMI.  
• Diagnosed with co-occurring mental illness and substance disorders.  
Casa Pacifica  
• Adults, age 18-59, of San Diego County who have a diagnosis of SMI.  
• Primary Axis I Diagnosis  
• Clients who will benefit from unlocked transitional residential rehabilitative services. | Alpine Special Treatment Center  
Starting Point  
2120 Alpine Blvd  
Alpine, CA 91901  
(619) 445-7570 and  
(619) 445-7571  
mhrc@astci.com |
|          |         |                     |              |                   |                   | Casa Pacifica  
321 Cassidy St  
Oceanside, CA 92054  
(760) 721-2171  
www.comresearch.org |
### Work Plan: TAOA-FSP Transitional Age Youth, Adult and Older Adult Full Service Partnerships (Continued)

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| TAOA -1 | High Utilizer Comprehensive Integrated Services and Supported Housing | Comprehensive housing and mental health services and Full Service Partnership services to Older Adults who have a SMI. The program establishes linkages and care coordination to physical healthcare providers. Individuals receive an array of housing options. | Increase timely access to services and supports to assist Older Adults and family/ caregivers in managing independent living, reducing isolation, improving mental health, and remaining safely in their homes. The program seeks to reduce hospitalizations and recidivism, increase client satisfaction, and has a wellness and resilience focus. The program also strives to reduce racial disparities in access to care, homelessness, involuntary services, and isolation, while increasing access to mental health services and client, family, and community participation. | • Unserved Older Adults, age 60 and over, with any of the following:  
• History of repeated emergency mental health or inpatient services during the year prior to program admission.  
• At risk for institutionalization  
• Homeless or at risk for homelessness. | • Outreach and engagement  
• 24/7 intensive case management/wraparound services.  
• Community-based outpatient services.  
• Rehabilitation and Recovery Services.  
• Supported employment/education  
• Peer and family (respite) support.  
• Family Services  
• Transportation | Community Research Foundation  
Senior Impact  
995 Gateway Center Way, Ste 300  
San Diego, CA 92102  
(619) 398-2156 |
| TAOA -3 | Housing Trust Fund | Increase permanent supportive housing opportunities for clients in the five Full Service Partnership (FSP) Integrated Homeless Programs. | Leverage the development of affordable project-based permanent supportive housing for low income clients in the FSPs. | • Transition age youth, 18 to 24 years.  
• Adults, 18 to 59 years  
• Older adults, 60+ years old.  
• Enrolled in one of the Full Service Partnerships. | • This trust fund provides funding to increase permanent housing opportunities for clients enrolled in the Full Service Partnership programs. | N/A |
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<td>TAOA-5</td>
<td>Mental Health Court Calendar Diversion and Supported Housing District: 4</td>
<td>Provide comprehensive, integrated culturally competent mental health services for individuals with a SMI who have been found guilty of a non-violent crime and are awaiting sentencing.</td>
<td>Reduce incarceration and institutionalization, increase meaningful use of time and capabilities, reduce homelessness, and provide timely access to needed services.</td>
<td>• Adults, 18 to 59 years  • Older adults, 60+ years  • Who are repeat offenders and;  • Who may have received mental health services while incarcerated or in the community and;  • Who will be referred for services via the justice system.</td>
<td>• Diversion and re-entry services utilizing 24/7 intensive case management/wraparound services.  • Community-based outpatient services.  • Rehabilitation and recovery oriented services.  • Housing options</td>
<td>Exodus Central Connections 4308 30th St, Ste A San Diego, CA 92104 (619) 528-1752</td>
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### Work Plan: TAOA-SD Transitional Age Youth, Adult and Older Adult System Development

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| A-3      | Client Operated Peer Support Services | District: All Client-driven and client-operated countywide support services in a variety of settings. | Increase client-driven services to empower people with SMI by decreasing isolation and increasing self-identified valued roles and self-sufficiency. | • Persons age 18 and over with a SMI.  
• Unserved/underserved  
• Outreach to Latinos, Asian/Pacific Islanders & those living in Board & Care or Emergency Shelter/Transitional Housing facilities. | • Peer psycho-education, support & advocacy.  
• Employment support services  
• Skill development  
• Social/ recreational activities delivered by peer counselors. | Recovery Innovations  
3565 Del Rey St, Ste 202  
San Diego, CA 92109  
(858) 274-4650  
[www.recoveryinnovations.org](http://www.recoveryinnovations.org) |
| A-4      | Family Education Services | District: All Family-centered education about mental illness, stigma reduction and resources to improve access to care. | Promote integration of family education services. Increase family involvement, coping skills and improving supportive relationships. | • Family members or significant others of Transition Age Youth, Adults, & Older Adults with a SMI. | • Family education curriculum taught by families.  
• Outreach to and engagement with family members of persons with SMI. | NAMI San Diego Education Department  
3990 Old Town Ave, Suite C-107  
San Diego, CA 92110  
(619) 398-9851  
4480 30th St  
San Diego, CA 92116  
(619) 584-5563  
[www.namisandiego.org](http://www.namisandiego.org) |
### Work Plan: TAOA-SD Transitional Age Youth, Adult and Older Adult System Development (Continued)

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<td>A-S</td>
<td>Clubhouse Enhancement and Expansion for Employment Services District: All</td>
<td>Expanded capacity for social and community rehabilitation activities and employment services. Increase countywide social and community rehabilitation activities and employment services. Increase client’s self-sufficiency through development of life skills.</td>
<td>• Adults, age 18 years and over, with SMI (Severe Mental Illness) • Targets African-Americans, Latinos, Asian-Americans/ Pacific Islanders Native Americans and females. • Targets homeless adults with SMI</td>
<td>• Skill development classes • Social rehabilitation and symptom management. • Employment screening, job placement and support • Peer support services • Psycho-education, wellness, fitness, smoking cessation, and illness management classes</td>
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<tr>
<td>A.5</td>
<td>Clubhouse Enhancement and Expansion for Employment Services</td>
<td>District: All</td>
<td>Supported employment services and opportunities for Transition Age Youth, Adults and Older Adults with SMI.</td>
<td>Increase competitive employment of persons age 18 and over with SMI.</td>
<td>Persons age 18 and over with SMI.</td>
<td>Job screening, preparation, development, supports, coaching and placements.</td>
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</table>
|          |         |                     |              | Residents of the Central or North Central Region of San Diego County. | Job screening, preparation, development, supports, coaching and placements. | NORTH CENTRAL REGION  
UPAC East Wind Clubhouse  
(858) 268-4933 |
|          |         |                     |              | Interested in becoming competitively employed. | Job screening, preparation, development, supports, coaching and placements. | NORTH COASTAL REGION  
MHS, Inc. Mariposa Clubhouse  
(760) 439-2785 |
|          |         |                     |              | Specific outreach to Latino and Asian/Pacific Islander populations. | Job screening, preparation, development, supports, coaching and placements. | NORTH INLAND REGION  
MHS, Inc. Escondido Clubhouse  
(760) 737-7125 |
| A.6      | Supported Employment Services | District: 3 & 4 | Provide Patient Advocacy Services for mental health clients residing in County-identified Board and Care facilities without Augmented Services Programs (ASP) throughout San Diego County. | Provide on-going support/advocacy services and training to staff and residents at County-identified Board and Care facilities with ASPs. Expands services for County-Appointed Patient Advocate. | Target population: approximately 50 clients residing in County-identified Board and Care facilities with Augmented Service Programs. | Mental Health Systems, Inc. Employment Solutions  
10981 San Diego Mission Rd, Ste 100  
San Diego, CA 92108  
(619) 521-9569  
www.mhsinc.org |
| A.10     | Patient Advocacy Services for Board and Care Facilities | District: All | Provide Patient Advocacy Services for mental health clients residing in County-identified Board and Care facilities without Augmented Services Programs (ASP) throughout San Diego County. | Provide on-going support/advocacy services and training to staff and residents at County-identified Board and Care facilities with ASPs. Expands services for County-Appointed Patient Advocate. | Target population: approximately 50 clients residing in County-identified Board and Care facilities with Augmented Service Programs. | Jewish Family Services  
2710 Adams Ave  
San Diego, CA 92116  
(800) 479-2233 |
### Work Plan: TAOA-SD Transitional Age Youth, Adult and Older Adult System Development (Continued)

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| TAY-2    | Clubhouse and Peer Support Services District: All | A member-run Clubhouse for transition age youth who have a SMI and are in need of social and recreational activities, skill development and employment and education opportunities. | Increase mental health services for transition age youth. Increase client’s self-sufficiency through development of life skills, creating and maintaining relationships and sustaining housing and supportive employment. | • Age 18-24  
• Underserved youth with serious mental illness. | • Peer education and support  
• Advocacy  
• Employment and educational support services  
• Skill development classes  
• Age appropriate social and recreational activities | Providence Community Services  
Oasis Clubhouse  
7155 Mission Gorge Rd  
San Diego, CA 92120  
(858) 300-0460 |
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<td>TAY4: Enhanced Outpatient Mental Health Services for TAY in need of mental health, rehabilitation and recovery services.</td>
<td>Increase the number of SMI TAY receiving integrated, culturally specific mental health services countywide.</td>
<td>• TAY, age 18-24  • Are not currently utilizing mental health services due to access barriers, lack of engagement or awareness of services.</td>
<td>• Mobile outreach and engagement.  • Mental health assessment &amp; treatment.  • Rehabilitation and recovery services.  • Linkage to community services and care coordination.  • Employment &amp; Education Support.</td>
<td>EAST REGION  CRF Heartland Center TAY (619) 440-5133  SOUTH REGION  CRF South Bay Guidance TAY (619) 427-4661  CRF Maria Sardiñas TAY (619) 428-1000  CENTRAL REGION  CRF Areta Crowell TAY (619) 233-3432  UCSD Gifford Clinic (619) 229-3510  NHA Project Enable TAY (619) 263-6155 x124  NORTH CENTRAL REGION  CRF Douglas Young TAY (858) 695-2211  UPAC East Wind Clinic (858) 268-4933  UPAC Midtown Center 5348 University Avenue, Suites #101 &amp; 120 San Diego, CA 92105 (619) 229-2999</td>
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| OA-2     | Mobile Outreach | District: All Countywide mobile outreach services to identify Older Adults in the community who are in need of mental health intervention and provide access to services at the most appropriate level of care. | Increase timely access to services and supports to assist Older Adults and family/ caregivers in managing independent living, reducing isolation, improving mental health, and remaining safely in their homes. Promote recovery goals of appropriate access and use of mental health services, self-help, and development of self-sufficiency, as well as creating a network of support and providing timely access to services. | Unserved and underserved seniors 60 years and older with SMI who are: Latino, Asian/Pacific Islander, homeless or at risk of homelessness. Families and care providers. | Mobile outreach Benefits eligibility information Linkages and referrals to clients, family and care providers Services are offered through outreach to isolated seniors in home Outreach to senior centers, nutrition sites, churches, and other community sites. | CENTRAL REGION  
NHA/Project Enable  
286 Euclid Avenue #102  
San Diego, CA 92114  
(619) 266-9400  
UPAC/Mid-City BPSR  
5348 University Avenue, Suites #101 & 120  
San Diego, CA 92105  
(619) 229-2999  
UPAC/Positive Solutions  
1031 25th Street  
San Diego, CA 92102  
(619) 232-6454  
NORTH CENTRAL REGION  
CRF/Douglas Young Center  
10717 Camino Ruiz #207  
San Diego, CA 92126  
(858) 695-2211  
EAST REGION  
CRF/Heartland Center  
1060 Estes Street  
El Cajon, CA 92020  
(619) 440-5133  
SOUTH REGION  
CRF/Maria Sardinas  
1465 30th Street, Suite L  
San Diego, CA 92154  
(619) 628-3000 |
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<td>OA-2</td>
<td>Mobile Outreach District: All</td>
<td>Countywide, client-centered culturally/linguistically and age appropriate Care Management and Recovery &amp; Rehabilitation services following the Strength-based Care Management model. Provides Full Service Partnership (FSP) services to Older Adults who have a SMI.</td>
<td>To reduce caseload size and provide transition age adults and older adults with the opportunity for a seamless transition through an age, culturally, and linguistically appropriate continuum of care.</td>
<td>Adults age 59+  With SMI  Including those with co-occurring substance abuse disorders’.</td>
<td>Strength-based assessment and treatment.  Rehabilitation and support services.  Outreach and engagement  Crisis intervention</td>
<td>CRF/South Bay Guidance Center  835 3rd Ave, Ste C  Chula Vista, CA  91911  (619) 427-4661</td>
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<tr>
<td>OA-4</td>
<td>Strength-based Care Management Services District: All</td>
<td>Countywide, client-centered culturally/linguistically and age appropriate Care Management and Recovery &amp; Rehabilitation services following the Strength-based Care Management model. Provides Full Service Partnership (FSP) services to Older Adults who have a SMI.</td>
<td>To reduce caseload size and provide transition age adults and older adults with the opportunity for a seamless transition through an age, culturally, and linguistically appropriate continuum of care.</td>
<td>Adults age 59+  With SMI  Including those with co-occurring substance abuse disorders’.</td>
<td>Strength-based assessment and treatment.  Rehabilitation and support services.  Outreach and engagement  Crisis intervention</td>
<td>Telecare AgeWise  6160 Mission Gorge Road Ste 108  San Diego, CA  92120  (619) 481-5200</td>
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| AOA 1-8 | Enhanced Outpatient Mental Health Services District: All | Enhanced outpatient mental health services for Adults. | Increase access to mental health services and overcome barriers such as language, wait times, lack of knowledge or awareness of available services. | • Adults 25+  
• With SMI (Serious Mental Illness).  
• Targets Asian/Pacific Islanders and Latinos. | • Mobile outreach  
• Bio-psychosocial assessment  
• Dual diagnosis screening & treatment  
• Crisis intervention and prevention.  
• Medication support services  
• Individual and group therapy  
• Rehab & Recovery Services  
• Employment Support  
• Primary care integration  
• Psycho-education classes  
• Integrated co-occurring disorders treatment  
• Telepsychiatry services offered at MHS, Inc. Kinesis North Ramona and Fallbrook satellites. |  
  
**EAST REGION**  
CRF Heartland Center  
(619) 440-5133  

**SOUTH REGION**  
CRF South Bay Guidance Center  
(619) 428-1000  
CRF Maria Sardinas Center  
(619) 428-1000  

**CENTRAL REGION**  
CRF BPSR Areta Crowell  
(619) 233-3432  
FHC Logan Heights  
(619) 515-2355  
NHA Project Enable  
(619) 263-6155  
UPAC Midtown Center  
5348 University Avenue,  
Suites #101 & 120  
San Diego, CA 92105  
(619) 229-2999  

**NORTH CENTRAL REGION**  
CRF BPSR Douglas Young  
10717 Camino Ruiz #207  
San Diego, CA 92126  
(858) 695-2211 |
## Work Plan: TAOA-SD Transitional Age Youth, Adult and Older Adult System Development (Continued)

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<tr>
<th>CSS Plan</th>
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<th>Contact Information</th>
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</thead>
</table>
| ADA-1: A-8 | Enhanced Outpatient Mental Health Services | District: All | | | | NORTH INLAND REGION (3 sites)  
MHS, Inc. Kinesis North Wellness Recovery Center  
Ramona Fallbrook  
(760) 480-2255  
MHS, Inc. North Inland Mental Health Center  
MHS/North Inland MHC  
125 W. Mission Ave, #103  
Escondido, CA 92025  
(760) 747-3424  
NORTH COASTAL REGION  
MHS/North Coastal MHC  
1701 Mission Ave  
Oceanside, CA 92054  
(760) 967-4475  
MHS, Inc. Vista Wellness Recovery Center  
(760) 758-1092 | | | | | | |
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| TAOA-1   | CSS Advocate/Legal Aid Services | Review and submittal of SSI applications to SSA that Clubhouse SSI Advocates have completed with non-General Relief clients. | Increase number of applicants that are granted SSI benefits. Review an estimated 300+ applications submitted annually by Clubhouse SSI Advocates for accuracy. Serve six Clubhouses; train new Advocates and consult with them as needed. | Indirectly assisted are:  
- Adults (age 18-59),  
- Older Adults 60+ not on General Relief, not employed, have Severe and Persistent Mental Illness and who potentially meet the SSA criteria for disability. | • SSI application training and consultation for peer SSI Advocates employed at Casa del Sol, Friend-to-Friend, The Meeting Place, East Corner, Mariposa and Escondido Club-houses.  
• Review and submittal of applications to the Social Security Administration. | Legal Aid Society of San Diego  
1764 San Diego Ave, 2nd Fl  
San Diego, CA 92101  
(619) 471-2648  
www.lasd.org |
| TAOA-2   | North County Walk-In Assessment Center | Provide urgent mental health services to Adults and Older Adults in the North County at a voluntary walk-in assessment center. | Provide urgent services in the North County region of San Diego to meet the community identified need. | • Adults (age 18-59)  
• Older Adults (age 60 years and over)  
• Medi-Cal beneficiaries and uninsured individuals. | • Crisis intervention  
• Triage, screening and assessment.  
• Medication support  
• Case Management and community referrals  
• Telepsychiatry | Exodus Recovery, Inc. (2 sites)  
524 W. Vista Way  
Vista, CA 92083  
(760) 758-1150  
660 E. Grand Ave  
Escondido, CA 92025  
(760) 796-7760 |
| TAOA-4   | Peer Telephone Support Expansion | Provide phone support for any consumer of mental health services who is experiencing difficulties or has questions and needs peer support. | Provide phone support services to young adults and adults who desire support from their peers regarding mental health issues/services, social concerns, housing, vocational interests, and benefits. | • Youth and adults 18+ | • Phone support services  
• Self-help for consumers through support, referrals, and reassurance from a Peer.  
• Transition age youth (TAY) counselors for TAY clients.  
• Evening and weekend hours. | The Meeting Place  
4034 Park Blvd  
San Diego, CA 92103  
(619) 294-9582  
(800) 930-WARM |