

**IDEAS FROM STAKEHOLDERS CYCLE 3 (Abridged)**

<b>ID</b>	<b>SUGGESTIONS/CONCEPTS/IDEAS</b>	<b>AGE GROUP</b>
1	Coach Transitional Age Youth (TAY 18-24) to Success concept	TAY (18-24)
2	Partner with Muslim and Buddhist institutions for mental health education and outreach to Muslim and Buddhist faith communities	16 to 25 years 18 to 59 years 60 years +
3	Community gardening to help with education and outreach to underserved communities.	16 to 25 years 18 to 59 years 60 years +
4	Rural Southeast San Diego	Unknown
5	Alternative mental health community center geared towards LGBTQ people of color.	0 to 18 years 16 to 25 years 18 to 59 years 60 years +
6	Emphasis on Spiritual Dimensions and inclusion of religion/faith based therapy to alleviate/reduce/ameliorate the suffering.	0 to 18 years 16 to 25 years 18 to 59 years 60 years +
7	Provide educational material and resources for suicide prevention where helium tanks are sold, especially party supply stores.	60 years +
8	Expand the responsibility of community/clinic based geriatric specialist to include a behavioral health assessment and screening for the AgeWise Case Management program.	60 years +
9	An interactive map on one of our high traffic websites (Up to SD, 2-1-1, etc) identifying different health & housing services that are available in all areas of San Diego County.	0 to 18 years 16 to 25 years 18 to 59 years
10	The concept of a gerontological nursing care program focusing on underserved older adults with dementia who live at home.	60 years +
11	Cultural Competence Resource Team for the delivery of services to the Native American and thousands of non-Native American residents that have limited or no access to affordable, comprehensive behavioral health services (psychiatry, therapy and AOD services) extending east into the desert toward Imperial County.	0 to 18 years 16 to 25 years 18 to 59 years 60 years +
12	Providers to have on staff a parent that calls (engages) parents to have chats with parents that will focused on engaging the parent, exploring their reasoning for not being involved, providing the parent with information/statics on why it is critical to the child's success that they be involved, while working with the parent and provider in overcoming the parents identified barriers.	0 to 18 years

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13	The peer link program (aka Peer Bridger) connects a peer in recovery with another who is in the hospital or who has just been discharged. The peer provides a “soft landing” for the consumer and stays connected for six months, helping the consumer locate and attend support groups, working to develop a Wellness Recovery Action Plan® (WRAP), offering support, and helping the consumer to set and make progress on recovery goals.	18 to 59 years 60 years +
14	A multifaceted, evidence-based problem-solving intervention targeting family caregivers of military personnel and veterans from Operation Enduring Freedom (OEF), Operation Iraqi Freedom (OIF) and Operation New Dawn (OND) who suffer from Traumatic Brain Injury (TBI) coupled with Post Traumatic Stress Disorder (PTSD).	0 to 18 years 18 to 59 years
15	Family and youth partners host community dialogues on children’s mental health with the purpose of increasing awareness, destigmatizing mental illness, and promoting service utilization in unserved and/or underserved communities.	0 to 18 years 16 to 25 years
16	TAY with Tots is an innovative approach designed to engage and serve these young families as an integrated family unit, not individually as TAY or Tots.	0 to 18 years 16 to 25 years
17	Proposal that outreach and community liaisons be put in place to help with better transition. A universal tracking system for these 16-25 adults that everyone can have access to, in order to make sure they are still receiving the needed services.	16 to 25 years
18	Implement a “champion-based” approach to significantly expand the breadth and depth of activities provided by local faith communities to support persons living with a mental illness and their families.	0 to 18 years 16 to 25 years 18 to 59 years 60 years +
19	Grassroots Multicultural Community Health Work Training and Participatory Practice Research – Outreach, engagement and education are crucial to sustaining the Mental Health System of Care. This concept will follow the Community Health Work (CHW) model and would be offered to other ethnic minorities.	60 years +
20	A proposed smoking cessation program that would have many cognitive intervention components through a relaxation sequence that introduces the information in the CDs.	18 to 59 years
21	Develop a program that will fill the significant gap in County services for preschool children with severe behavior problems.	0 to 18 years
22	Mental health agencies collaborating with dental professionals to find solutions to the financial barrier.	0 to 18 years 16 to 25 years 18 to 59 years 60 years +
23	Designate a trained, experienced, and available mental health advocate within each congregation that could vastly reduce the many factors that inhibit individuals within the faith community from reaching out for care.	0 to 18 years 18 to 59 years 60 years +
24	Test a comprehensive and gender specific model for supporting the transitions of women of color re-entering society after a separation resulting from addiction, mental health concerns, domestic violence or incarceration. Provide a safe and sober living environment that is dedicated to building hope through investments in women.	0 to 18 years 18 to 59 years

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25	More support groups <ul style="list-style-type: none"> <li>• Nutrition classes - culinary classes</li> <li>• Outings - Legoland, Nature Center, Museums</li> <li>• Classes - ESL, jewelry, floral arrangements, oil painting, woodworking, toy making</li> </ul>	18 to 59 years
26	Outreach to Faith Based Congregations by Community Brokers who live within the African – American and Latino community and will provide education, dissemination of information on community health, mental health , AOD and other support services.	0 to 18 years 16 to 25 years 18 to 59 years 60 years +
27	The pairing of clinicians with Pastors, Imams and Priests will provide support and assistance to first responders and the impacted family or community at the time of an incident.	0 to 18 years 16 to 25 years 18 to 59 years 60 years +
28	Assist TAY and adults with SMI to gain work experience followed by paid employment.	16 to 25 years 18 to 59 years
29	Launch a Mental Health Wellness program within Faith Based Communities.	0 to 18 years 16 to 25 years 18 to 59 years 60 years +
30	Creating an "In-reach" team to partner with Older Adult case management. Would replicate In-Reach program that has collaborated with County Institutional Case Management to provide community linkages and discharge planning for hundreds of adults with serious and persistent mental illness living in institutions.	60 years +
31	*	
32	Utilize HUD as an Interim housing solution until Sect 8 Housing Voucher comes available.	0 to 18 years 16 to 25 years 18 to 59 years 60 years +
33	Offer a program to TAY to address their history of trauma by combining behavioral health and performing and visual arts as a way to engage them in the direction of recovery based treatment.	16 to 25 years 18 to 59 years

*\*No concept exists for line 31. Placeholder due to error in sequential numbering*

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<b>ID</b>	<b>SUGGESTIONS/CONCEPTS/IDEAS</b>	<b>AGE GROUP</b>
<b>34</b>	<p>Need # 1: When a child or adult is referred for mental health services, provide treatment for the whole family unit.</p> <p>Need # 2: Develop curriculum and educational program for school (elementary, middle and high school) personnel about cultural, socio-economical needs and mental health disorders in order to understand and be able to work with students, families and their communities more effectively.</p> <p>Need # 3: Providing TAY like services for young adults from age 21-28 that are exiting various systems such as foster care, military, jail and help them with successful reintegration to society.</p>	<p>0 to 18 years 18 to 59 years 16 to 25 years 60 years +</p>
<b>35</b>	<p>Utilize online, social networking concepts to provide solutions that reduce the behavioral and mental health impacts on family caregivers who are caring for a loved one with clinical memory loss.</p>	<p>18 to 59 years 60 years +</p>
<b>36</b>	<p>Use a culturally competent and holistic model of service delivery that integrates cultural practices with alternative holistic approaches.</p>	<p>18 to 59 years 60 years +</p>
<b>37</b>	<p>Community-Based Behavioral Health Homes that provide person-centered services to underserved populations (medically indigent, African-American and Latino), which would address the need for better coordination of services to the target population to reduce re-admittance to hospitals, overuse of emergency rooms and stabilization in a community-based living situation.</p>	<p>60 years +</p>
<b>38</b>	<p>Residential Short-term program for Men and Women with Mental Health concerns (FSP) who are released from San Diego County Jails without any papers/documentation.</p>	<p>18 to 59 years 60 years +</p>
<b>39</b>	<p>An innovative program to address the lack of mental health awareness and intervention in minority communities. It is proposed that a pilot program be developed to specifically meet the mental health needs in the faith-based communities located in Southeastern/Central San Diego.</p>	<p>0 to 18 years 16 to 25 years 18 to 59 years 60 years +</p>
<b>40</b>	<p>Test whether Rap Therapy engages underserved TAY, with a particular focus on South East San Diego.</p>	<p>16 to 25 years</p>
<b>41</b>	<p>Provide post-eligibility assistance to mental health clients receiving SSI or Social Security Disability Insurance benefits.</p>	<p>18 to 59 years 60 years +</p>
<b>42</b>	<p>Enhance awareness, knowledge, and de-stigmatization of mental illness in communities being served by the African American Faith Community (AAFC), and bridge the gulf between African Americans and the voluntary mental health sector.</p>	<p>18 to 59 years 60 years +</p>
<b>43</b>	<p>A centralized maintained computer database housing list (similar to what Sect 8 housing database is like) that enables a person with mental illness to use a "one-stop-shop" location (website) to get on <u>Open</u> waiting lists to various <u>affordable housing lists</u> offered.</p>	<p>0 to 18 years 16 to 25 years 18 to 59 years 60 years +</p>
<b>44</b>	<p>Intense mentoring and coaching program that utilizes innovative and non-traditional strategies to motivate, prepare and engage young adults into the work force, by building the skills designed to foster personal disciplines, exceptional relationships, and a mind-set for growth and giving.</p>	<p>16 to 25 years</p>

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<b>ID</b>	<b>SUGGESTIONS/CONCEPTS/IDEAS</b>	<b>AGE GROUP</b>
45	Funding efforts to support San Diego primary prevention campaigns by providing a variety of culturally, ethnically and trauma-informed services that will bridge the gap from the sense of disenfranchisement, to one of responsiveness, cooperation and a commitment to collaborate in the best interest of our County residents regardless of ethnicity, faith, sexual orientation or regional locale.	0 to 18 years 16 to 25 years 18 to 59 years 60 years +
46	Telemedicine for integrative care.	16 to 25 years 18 to 59 years 60 years +
47	Patient directed and managed information technology (IT) system.	16 to 25 years 18 to 59 years 60 years +
48	Tools and screening for older adults.	18 to 59 years 60 years +
49	Improvement in life spans oriented mental health care.	0 to 18 years 16 to 25 years 18 to 59 years 60 years +
50	Creating/sponsoring an in-home, peer-led technology literacy program to help connect homebound older adults, veterans, persons with disabilities, and those suffering from mental illness to the Internet and thus give them the ability to communicate with family and friends, form new social connections, access social support groups, and obtain helpful resource information. Appropriate training would be provided to volunteers by community partners that currently offer technology training to older adults.	18 to 59 years 60 years +
51	Multi-disciplinary approach that's focused on diminishing hoarding behaviors long-term in older adults. Combining individual and group counseling with hands-on training and support, participants will learn skills that will help them reduce anxiety and depression surrounding acquiring, organizing, and discarding their items.	60 years +
52	Test an approach to Cultural Competency Academy training tailored specifically to San Diego County Behavioral Health executives and their contracted agency executives. This approach would be a yearlong training series, similar to past Cultural Competency Academy series, with changes proposed to the executive track that would be appropriate for this specific level of leadership.	0 to 18 years 16 to 25 years 18 to 59 years 60 years +
53	Integrated Faith and Community-based partnership will provide safe temporary transitional housing for non-violent asylum seekers who are torture survivors.	18 to 59 years 60 years +
54	Increase access to mental health services for Congolese and other new refugee communities via faith and community-based community of caring partnership. The integrated team will provide a unique intake, acculturation and mental health and support services for Congolese and other newly arrived refugees.	0 to 18 years 16 to 25 years 18 to 59 years 60 years +

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<b>ID</b>	<b>SUGGESTIONS/CONCEPTS/IDEAS</b>	<b>AGE GROUP</b>
55	A pilot project to help older adults with moderate to severe mood disorders transition from an outpatient psychiatric hospital setting to community-based services, through a collaborative community reintegration initiative.	60 years +
56	Create a Roommate Rental Clearing House for mental health consumers who are recovery ready to move into the wider community and are seeking affordable, safe and appropriate independent housing.	18 to 59 years
57	Use internet/on-line technologies in a one-stop-shop cooperative community that delivers accessibility from any computer or mobile device the abundant resources and solutions for over 100,000 family caregivers fighting the battles of behavioral and mental health. The mission of this program is to be visible & accessible 24/7 in providing support and solutions to a high risk population of families/caregivers who are prone to depression, anxiety, suicide, and poor health. (Note: this was a separate submission)	18 to 59 years 60 years +
58	Implement a program, which trains, collaborates, and integrates small non- profits, churches, and faith-based institutions, into the strategy of Live Well, San Diego Behavioral Health Initiatives, sub contracting, and being an effective community organization.	18 to 59 years
59	Use internet/on-line technologies in a one-stop-shop cooperative community that delivers accessibility from any computer or mobile device the abundant resources and solutions for over 100,000 family caregivers fighting the battles of behavioral and mental health. The mission of this program is to be visible & accessible 24/7 in providing support and solutions to a high risk population of families/caregivers who are prone to depression, anxiety, suicide, and poor health. (Note: this was a separate submission)	18 to 59 years 60 years +
60	Use internet/on-line technologies in a one-stop-shop cooperative community that delivers accessibility from any computer or mobile device the abundant resources and solutions for over 100,000 family caregivers fighting the battles of behavioral and mental health. The mission of this program is to be visible & accessible 24/7 in providing support and solutions to a high risk population of families/caregivers who are prone to depression, anxiety, suicide, and poor health. (Note: this was a separate submission)	18 to 59 years 60 years +
61	Use internet/on-line technologies in a one-stop-shop cooperative community that delivers accessibility from any computer or mobile device the abundant resources and solutions for over 100,000 family caregivers fighting the battles of behavioral and mental health. The mission of this program is to be visible & accessible 24/7 in providing support and solutions to a high risk population of families/caregivers who are prone to depression, anxiety, suicide, and poor health. (Note: this was a separate submission)	18 to 59 years 60 years +
62	Use internet/on-line technologies to create a safe, secure and private peer community that they can turn to anytime day or night. The private peer community would be visible & accessible 24/7 in providing support & solutions to a high risk population of families/caregivers who are prone to depression, anxiety, suicide, and poor health. (Note: this was a separate submission)	18 to 59 years 60 years +
63	Tele-health Problem-Solving Therapy for Depressed Low-Income Homebound Older Adults.	60 years +
64	Use internet/on-line technologies in a one-stop-shop cooperative community that delivers accessibility from any computer or mobile device the abundant resources and solutions for over 100,000 family caregivers fighting the battles of behavioral and mental health. The mission of this program is to be visible & accessible 24/7 in providing support and solutions to a high risk population of families/caregivers who are prone to depression, anxiety, suicide, and poor health. (Note: this was a separate submission)	18 to 59 years 60 years +

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66	Use internet/on-line technologies in a one-stop-shop cooperative community that delivers accessibility from any computer or mobile device the abundant resources and solutions for over 100,000 family caregivers fighting the battles of behavioral and mental health. The mission of this program is to be visible & accessible 24/7 in providing support and solutions to a high risk population of families/caregivers who are prone to depression, anxiety, suicide, and poor health. (Note: this was a separate submission)	18 to 59 years 60 years +
67	Provide funding for the pilot phase an initiative designed to help alleviate the isolation experienced by homebound older adults and reduce the negative consequences of a limited social network by connecting participants to peers, resources, and the social, physical, and cognitive benefits of their local senior center through Internet-based video-conferencing.	18 to 59 years 60 years +
68	A real-time support either through the phone or the internet for caregivers to people with Alzheimer's Disease. Also, a coordinated program that was a repository of "all things dementia", from physician referrals to behavioral health support to a simple, but appreciated home visit from specifically-trained dementia experts to look at living arrangements and make recommendations for each specific situation.	18 to 59 years 60 years +
69	Pilot a Subsidized Work Experience (SWE) project to offer to individuals with serious mental illness and long-term unemployment to prepare them to enter into Supported Employment Services, and eventual entry into the workforce.	18 to 59 years
70	Wraparound program to engage AB109 youth and TAY population.	0 to 18 years 18 to 59 years
71	Develop a collaborative partnership to develop a new a strategy which would provide increased access to crisis houses for patients who are in need of discharge placement.	18 to 59 years 60 years +
72	Create a means to provide mental health services to individuals and communities that have been impacted by trauma, violence and high level of co-occurring disorders.	0 to 18 years 16 to 25 years
73	Adult children who are treatment resistant who already have been 5150'd once or twice and are unable to be helped by IHOT, PERT, or their families to be picked up and brought to a transitional treatment center, a homelike setting with overnight facilities and a psychiatrist to be assessed and assigned a Clinician Case Manager, a RI trained PEER coach and a family member (one with whom there is a some rapport).	18 to 59 years
74	Create a large central database/website will group needs and available resources to assist with appropriate pairing. Potential roommates could be introduced in this manner to assist those in similar circumstances collaborate to locate affordable housing. This system could assist like minded individuals to connect as roommates, use some type of screening process to assist with compatibility, as well as bring together those with needs of various types. A global process such as being suggested could increase access to services for underserved populations.	16 to 25 years 18 to 59 years 60 years +

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<b>ID</b>	<b>SUGGESTIONS/CONCEPTS/IDEAS</b>	<b>AGE GROUP</b>
<b>75</b>	Implement an evidence based model of Cultural Brokers, who will work within the various African Refugee communities within San Diego Couty in order to better access and serve individuals, families, with mental health prevention and early intervention services.	0 to 18 years 16 to 25 years 18 to 59 years 60 years +
<b>76</b>	Facilitate and support the development of a faith based mental health services network. In communities of color faith communities are frequently the first institutions to which community members turn when faced with a mental health concern or life crisis. Successful mobilization of faith based mental health ministries with the support and technical assistance will result in an integrated partnership between faith communities, provider communities, communities of color and the County of San Diego. This will result in all San Diegans being able to "Live Well".	0 to 18 years 16 to 25 years 18 to 59 years 60 years +