

#### COUNTY OF SAN DIEGO, HEALTH AND HUMAN SERVICES AGENCY, BEHAVIORAL HEALTH SERVICES

#### MENTAL HEALTH SERVICES ACT (MHSA) INNOVATION PROGRAMS AND SERVICES

The goal of Innovation (INN) programs is to develop and implement promising and proven practices to increase access to mental healthcare. Innovation programs are defined as novel, creative and/or ingenious mental health practices/approaches that are expected to contribute to learning rather than a primary focus on providing a service. Innovation programs are developed within communities through a process that is inclusive and representative, especially of unserved and underserved individuals. Innovation promotes recovery and resilience, reduces disparities in mental health services and outcomes and leads to learning that advances mental health in California in the directions articulated by the MHSA. The Innovation component allows counties the opportunity to "tryout" new approaches that can inform current and future mental health practices.

San Diego County MHSA funded programs directly supports the County's Live Well San Diego long-term initiative of achieving the vision of healthy, safe and thriving communities, by enabling participants with mental health needs and the general public to access necessary resources and thereby lead healthy and productive lives.

Work Plan	Program	Program Name	Program Description	Program Goal	Population Focus	Services Offered	Contact Information	District
INN-11	Family Therapy Participation Enhancement	Community Research Foundation - Nueva Vista	engagement in treatment	The goal is to clarify, teach, and motivate the caregiver of the value of their involvement in treatment and how it will directly support the success and outcome of the family unit.	Priority efforts shall be made to engage underserved populations such as Latinos and African Americans. Children and TAY up to age 21.	therapy via a parent	Nueva Vista Family Services 1161 Bay Blvd, Suite B Chula Vista, CA 91911 (619) 585-7686	1
INN-11	Family Therapy Participation Enhancement	Community Research Foundation - Crossroads	engagement in treatment	The goal is to clarify, teach, and motivate the caregiver of the value of their involvement in treatment and how it will directly support the success and outcome of the family unit.	Priority efforts shall be made to engage underserved populations such as Latinos and African Americans. Children and TAY up to age 21.	therapy via a parent	Crossroads Family Center 1679 E. Main Street, Suite 102 El Cajon, CA 92021 (619) 441-1907	2
INN-11	Family Therapy Participation Enhancement	Community Research Foundation	on teaching the caregiver the benefit of active engagement in treatment	The goal is to clarify, teach, and motivate the caregiver of the value of their involvement in treatment and how it will directly support the success and outcome of the family unit.	Priority efforts shall be made to engage underserved populations such as Latinos and African Americans. Children and TAY up to age 21.	partner utilizing Motivational Interviewing.		All

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INN-11	Family Therapy Participation Enhancement	North County Life Line	the benefit of active engagement in treatment	The goal is to clarify, teach, and motivate the caregiver of the value of their involvement in treatment and how it will directly support the success and outcome of the family unit.	Priority efforts shall be made to engage underserved populations such as Latinos and African Americans. Children and TAY up to age 21.		North County Lifeline Oceanside 707 Oceanside Blvd. Oceanside, CA 92054 (760) 757-0118  North County Lifeline Vista 200 Michigan Ave. Vista, CA 92084 (760) 726-4900	5
INN-11	Family Therapy Participation Enhancement	Vista Hill Foundation	caregiver participation in family therapy. Emphasis on teaching the caregiver the benefit of active engagement in treatment	The goal is to clarify, teach, and motivate the caregiver of the value of their involvement in treatment and how it will directly support the success and outcome of the family unit.	Priority efforts shall be made to engage underserved populations such as Latinos and African Americans. Children and TAY up to age 21.	engagement of caregivers in family therapy via a parent	-	2,3

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INN-11	Family Therapy Participation Enhancement	Family Health Center	caregiver participation in family therapy. Emphasis on teaching the caregiver the benefit of active engagement in treatment	The goal is to clarify, teach, and motivate the caregiver of the value of their involvement in treatment and how it will directly support the success and outcome of the family unit.	Priority efforts shall be made to engage underserved populations such as Latinos and African Americans. Children and TAY up to age 21.	therapy via a parent partner utilizing Motivational Interviewing.	Community Circle SD/Logan Heights Family Health Centers 2204 National Ave San Diego, CA 92113 (619) 515-2355  Community Circle/Spring Valley Family Health Centers 3845 Spring Dr. Spring Valley, CA 91977 (619) 515-2380	1,2,4
INN-12	Care Giver Connection to Treatment	KidSTART	health program will provide a full range of Title 9 outpatient diagnostic and treatment services.	Support the mental health of the caregivers of young children to increase the mental health and support family care.	Children ages 0 through 5 in Countywide regions.	to link caregivers to their own services. Clinician to offer		All

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INN-13	Faith Based Initiative	Academy-North	Training.	Faith Based leaders and Behavioral Health providers to collaborate in developing an educational curriculum and joint training that includes material to address faith/spirituality principles and values, wellness, mental health conditions, and resource information to the African-American and Latino communities.	Mental Health professionals and clergy in the North Inland Region.	implement a Faith	Interfaith Community Services 550 W. Washington Ave. Suite B Escondido, CA 92025 (760) 529-9979	1
INN-13	Faith Based Initiative	,	Faith Based Initiative Community Education	TBD	TBD		NAMI San Diego 5095 Murphy Canyon Road, Suite 320 San Diego, CA 92123 (858) 634-6586	4
INN-13	Faith Based Initiative	Community Education- Central	Faith Based Initiatives Community Education	TBD	TBD	TBD	Total Deliverance Worship 2782 Sweetwater Springs Blvd., Suite C Spring Valley, CA 91977	2

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INN-13	Faith Based Initiative	Faith Based Academy- Central	Faith Based Initiative Outreach/Engagement & Training	Faith Based leaders and Behavioral Health providers to collaborate in developing an educational curriculum and joint training that includes material to address faith/spirituality principles and values, wellness, mental health conditions, and resource information to the African-American and Latino communities.	Inland Region.	Design and implement a Faith Based Academy.	Urban League of San Diego County 4305 University Avenue, Suite 360 San Diego, CA 92105	1,4
INN-14	Ramp Up 2 Work	Asian Communities (UPAC)	Engages and retains employment opportunities for transition age youth (TAY) and Adults and Older Adults (AOA) with Serious Mental Illness (SMI) in the behavioral health system through an enhanced array of supported and competitive employment options.	<ul> <li>Expand employment opportunities for TAY and AOA with SMI.</li> <li>Promote self-determination and empowerment</li> <li>Help clients overcome barriers to employment</li> </ul>	Adults who have SMI.	<ul> <li>Client functional Assessment</li> <li>Employment reediness</li> <li>Assessment</li> <li>Job coaches</li> <li>Computer skills support</li> </ul>	UPAC 1031 25th Street San Diego, CA 92102 (619) 232-6454	All

Work Plan	Program	Program Name	Program Description	Program Goal	Population Focus	Services Offered	Contact Information	District
INN-15	Peer Assisted Transition	TBD	The Peer Transitions Program is person directed, mobile program working in partnership with designated acute inpatient hospitals and alternatives to hospitalization programs. The goal is to engage and provide transition services & support services to clients discharging from inpatient care back to the community.	TBD	TAY, Adults and Older Adults in Central, North Coastal & North Inland regions.	TBD	TBD	1,3,5
INN-16	Urban Beats	Urban Beats	artistic expression that includes the use of multiple models of artistic expression including visual arts, spoken word, music, videos and performances and social media created and developed by TAY.	mental health treatment of Serious Emotional	TAY who are clients of the mental health system SED/SMI or at-risk of mental health challenges.	Develop youth leaders within TAY community     Increase access to services     Whole health and prevention services	Pathways Community Services 3330 Market Street San Diego, CA 92101	1
INN-17	Innovative Mobile Hoarding Intervention Program	Innovative Mobile Hoarding Intervention Program	hoarding behaviors in Older Adults.	Improves health, safety, quality of life, and housing stability through provision of comprehensive.	Older Adults 60+ with hoarding disorder and SMI.	Program works to diminish hoarding behaviors long term in Older Adults.	Regents of the University of California, UCSD 200 West Arbor Drive San Diego, CA 92103 (619) 619-471-9396	1,5